

# JOE PHYSED

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## PHYSICAL EDUCATION TEACHER

Highly enthusiastic teaching professional with **10 years experience**. Proven ability to tailor lesson plans to accommodate multiple intelligences and meet the diverse needs of regular and special education students. Talent for integrating fun activities, which seek to enhance children's fine and gross motor skills, as well as to promote physical well-being, teamwork, and sportsmanship. Effectively differentiates instruction and provides individualized support, ensuring that all students are able to succeed in the classroom. Active team member; dedicated to increasing student achievement and fostering positive relationships within the school community. Areas of expertise include:

- Fitness Development
- IEP Writing
- Individualized Instruction
- Integrated Activities
- Cooperative Learning
- Behaviour Modification
- Curriculum Development
- Motivational Techniques
- Hands-on Instruction
- Performance Assessments

**"Your innovative teaching style, enthusiasm, and a willing to think outside the box is truly amazing. You are a teacher who is passionate about assisting students to learn the importance of health and fitness. Your continuous desire to develop new methods and strategies to further your knowledge is remarkable."**

- Sarah Smith, Cooperating Teacher, EFG Middle School

## EDUCATION & CREDENTIALS

**Bachelor of Arts**; Major: Physical Education (K-12)  
New York University, Greenwich Village, New York, NY, 1998, GPA 3.79, Dean's List

**State of New York Physical Education Teacher (K-12)**  
**American Red Cross Instructor**

## TEACHING & RELATED EXPERIENCE

**ABC MIDDLE SCHOOL – NEW YORK, NY**  
**Physical Education Teacher**

**9/2005 – Present**

Develop and facilitate the Physical Education curriculum; actively participate in instructional program planning for regular and special education students. Create and implement daily lessons, which promote the improvement of physical, cognitive, and collaborative skills, as well as emotional and personal betterment. Reinforce teamwork, cooperation, collaboration, and problem-solving. Provide praise and individualized support to raise students' self-confidence and self-esteem levels. Coach boys Basketball and girls Volleyball.

- Designed and integrated exciting games that encouraged active participation; resulting in dramatically improved test scores and grade levels.
- Collaborated with colleagues and parents to resolve lingering disciplinary issues of one particular child; instituted an effective motivational system to ensure voluntary cooperation of the student.

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**XYZ MIDDLE SCHOOL – BRONX, NY**  
**Physical Education Teacher**

**9/2001 – 6/2005**

Developed and presented lesson plans that taught the rules and strategies of various sports; encouraged teamwork, sportsmanship, and proper techniques. Provided clear and consistent directions to keep the class focused and productive. Implemented behavior modification strategies, along with a cooperative discipline model to maintain a positive and well-disciplined class. Established a safe and secure learning environment for all students. Coordinated with other colleagues in the department to allocate resources and revise teaching methods. Served as Coach for boys Basketball.

- Utilized scaffolding and differentiated instruction to facilitate different styles of learners and accommodate students' specific goals and needs.
- Provided constant feedback and positive reinforcement to keep students' motivated; participation rates increased from 65% to 100% from time prior to taking over class to the end of the school year, 2002.

**EFG MIDDLE SCHOOL – BRONX, NY**  
**Health and Physical Education Student Teacher**

**1/2001 – 3/2001**

Planned and presented Physical Education lessons to a diverse group of students. Supervised the class and instituted disciplinary measures when necessary. Administered formal and informal assessment methods; utilized rubric design. Actively participated in school meetings and conferences.

- Created an exciting, interactive two-week Sport Education Unit, where students participated in Volleyball and took direct responsibility.

**YMCA – NEW YORK, NY**  
**After School Sports Program Coordinator**

**12/1997 – 12/2000**

Organized and supervised an after school program for children ages 5 to 12. Promoted physical, social, and emotional growth. Incorporated exciting games and activities, which introduced students to the world of sports and physical fitness.

- Developed a good rapport with all children, offering positive motivation and support to individuals, who otherwise may not have received any from other sources.

## PROFESSIONAL DEVELOPMENT

Instructor Certification in CPR/AED/ First Aid, CPR  
(Professional Rescuer with AED, Oxygen Curriculum Planning)

Assessment Methods ~ Physical Education Evaluation ~ Successful Classroom Management

## PROFESSIONAL AFFILIATIONS

State Association for Health, Physical Education, Recreation, & Dance  
American Alliance of Health, Physical Education, Recreation, & Dance